



Module 4 Seeing the doctor

课时 2 Unit 1 (2)

一、用括号中所给单词的适当形式填空

- Her pet dog has been (be) ill for a week.
- My grandparents do some exercise (exercise) every morning.
- Don't spend too much time playing (play) computer games.
- Eating lots of chocolate is very harmful (harm) to your teeth.
- Stop talking (talk). Here comes Ms Li.
- Drinking milk before going to bed is a healthy (health) habit.

二、用方框中所给短语的适当形式填空

look after catch a cold take one's temperature such as take some medicine

- My daughter has got a fever. I took her temperature ten minutes ago.
- You are coughing badly. You may catch a cold.
- Are you feeling better now, Lily? —Yes, thanks. I am feeling better and better after I took some medicine.
- Classical Chinese novels can be found here, such as *Journey to the West*, *Legend of White Snake* and *Three Kingdoms*.
- My mother is ill, and I have to stay at home to look after her.

三、补全对话

Dr Green: Good morning, I am Dr Green. What can I do for you?

Lily: Morning, Dr Green. I am Lily. 1. I don't feel well today.

Dr Green: Tell me what's wrong with you, Lily?

Lily: 2. I have a cough and a fever.

Dr Green: It seems that you've caught a cold. 3. I'll take your temperature.

Lily: Thanks.

(5 minutes later)

Dr Green: Yes, you've caught a cold.

Lily: Is it serious?

Dr Green: No. Please don't worry, Lily. I'll give you some medicine. 4. If you take the medicine on time every day, drink enough water and have a good rest, you will be fine very soon.

Lily: That will be great. 5. Thank you very much, doctor.

Dr Green: You are welcome.

四、完形填空

Nick is a 14-year-old schoolboy. His life is full of exams and studies on weekdays. He has 1 free time. He thinks playing computer games 2 the best way to make him relax. When he has free time, he sits in front of the computer. Just 3 that way, he doesn't eat or drink for several hours.

Last weekend, he played games on the computer again. He was too 4 and didn't want to move. He didn't have 5 for six hours. When he had to go to the bathroom, he found he could not move. He was taken to the 6. The doctor told him he should have a good rest and 7 doing sports.

After coming back from the hospital, Nick follows the doctor's 8. He often plays soccer with his friends. 9 sometimes he still plays computer games on weekends, he 10 does it for long. Now, he lives a happy and healthy life.

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|--------------------|------------|-------------|------------|
| (C) 1. A. much | B. few | C. little | D. a few |
| (B) 2. A. be | B. is | C. was | D. are |
| (C) 3. A. for | B. on | C. in | D. since |
| (D) 4. A. excite | B. excites | C. exciting | D. excited |

【解析】由系动词 was 可知,空格处应填形容词,在句中作表语,排除 A 和 B。-ing 结尾的形容词常修饰物,-ed 结尾的形容词常修饰人,主语 he 指人,故选 D。

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|---------------------|-------------|--------------|---------------|
| (B) 5. A. nothing | B. anything | C. something | D. everything |
|---------------------|-------------|--------------|---------------|

【解析】根据第一段最后一句“...he doesn't eat or drink for several hours.”可知,此处表示“他六个小时没有吃任何东西了”。故选 B。

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|----------------------|-----------------|---------------------|----------------------|
| (C) 6. A. school | B. park | C. hospital | D. library |
| (C) 7. A. take out | B. take care of | C. pay attention to | D. paid attention to |

【解析】根据第三段第一句“After coming back from the hospital...”可推知,他(尼克)被送去了医院。故选 C。

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|--------------------|------------|------------|-------------|
| (A) 8. A. advice | B. advices | C. dreams | D. hobbies |
| (D) 9. A. And | B. If | C. Because | D. Although |

【解析】分析句子结构可知,“尼克在周末有时仍然玩电脑游戏”与“他不玩很长时间的的游戏”之间存在逻辑上的转折关系,应用 although 引导让步状语从句。故选 D。

- | | | | |
|-------------------|----------|----------|-----------|
| (B) 10. A. ever | B. never | C. often | D. always |
|-------------------|----------|----------|-----------|

【解析】ever 意为“曾经”;never 意为“从不”;often 意为“经常”;always 意为“总是”。故选 B。

五、根据语境,将青少年如何保持健康的小贴士《tips》补充完整

How to Keep Healthy?

As a teenager, a good lifestyle is good for your body and mind.

Here are some tips to help you.

- * Take it easy when you are 1. in trouble.
- * Be active in the face of difficulties.
- * 2. Wash your hands before meals.
- * Eat more vegetables and 3. less meat.
- * Enough exercise and enough sleep.
- * Don't eat too much junk 4. food.
- * Don't stay up 5. late.
- * Remember laughter is the best medicine.



课时 4 Unit 2 (2)

一、从方框中选择合适的单词填空

condition illness member sleepy awful active

- Daming became a member of the group.
- Ms Brown talked, sang and danced at the party. She was more active than usual.
- The heavy rain has lasted for a week. Many roads are in a bad condition.
- My mother doesn't like this colour. It looks awful.
- I'm too sleepy to watch the end of the show.
- Granny Wang didn't come out to sit in the sun during her illness.

二、用括号中所给词的适当形式填空

- Kate hasn't finished (not finish) her work yet.
- His parents have lived (live) in this town since they moved (move) here.
- Her sister has gone (go) to Changchun. She left (leave) this morning.
- Lingling does well in English by keeping (keep) an English diary every day.
- I saw many children having (have) hamburgers and Coke in the KFC when I passed by.

三、按要求完成句子

- My sister is not old enough to take care of herself. (改为同义句)
My sister is too young to take care of herself.
- Why not go to school by bus? (改为同义句)
Why don't you go to school by bus?
- It's a good idea to hold a birthday party for Mum. (改为感叹句)
What a good idea to hold a birthday party for Mum!
- Tom has lived in this city for five years. (用 since 改写句子)
Tom has lived in this city since five years ago.
- I bought this bike two months ago. (改为同义句)
I have had this bike for two months.

四、阅读理解

John sent for a doctor because his wife was ill. He called the doctor and made sure they would meet at five. He arrived at the doctor's at twenty to five. He thought, "It's a little earlier. I'll wait for a moment. It's good to keep the time."

Then he stopped his car in front of the doctor's. He looked around and saw a noisy square not far from here. He went there and sat down on a chair to enjoy the last light of the sun and make himself calm. He saw some children playing and some women talking to each other happily.

Suddenly he heard a girl crying. He came up to her and asked some questions. Then he knew she got lost. John tried to find out her address and took her home. The girl's parents were very thankful.

Then John hurried to the doctor's. The doctor said angrily when he saw him, "You're late. Why did you keep me waiting for twenty minutes?" John said nothing but one word "Sorry!"

- (C) 1. At first John drove to the doctor's _____.
A. late B. in time C. a little earlier D. in no time
- (A) 2. John went to the square to _____.
A. kill time B. enjoy himself
C. see the children and the women D. help the girl
- (D) 3. The girl cried because _____.
A. someone hit her B. she fell off her bike
C. her parents were angry with her D. she didn't find the way home
- (B) 4. At last John got to the doctor's at _____.
A. twenty to five B. twenty past five C. five o'clock D. forty past five
- (C) 5. From the story, we know John is a _____.
A. busy person B. quiet person C. helpful person D. lucky person

五、任务型阅读

根据短文内容,完成下列句子。

Do you know that each child in school catches six to ten colds every year? Though there is no cure for colds, there are some suggestions for you to avoid getting a cold.

First, you can avoid catching a cold by practicing healthy habits. Begin by eating healthy foods. Eat lots of fruits and vegetables and drink milk and juice. Other healthy habits include getting plenty of sleep at night and lots of exercise.

Next, you should try to avoid contact with the viruses(病毒) that cause colds. If you can, stay away from large crowds. When people cough and sneeze(打喷嚏), the cold virus goes into the air. Do not share a drinking cup, fork, or spoon with someone else because that could spread the virus. Washing your hands is also a good way not to catch a cold. The cold virus may be on things like telephones and money. Shaking another person's hand could even spread the virus. By washing your hands, you can stop the virus from infecting(传染) you.

Follow the suggestions above until doctors find a way to stop the viruses that cause colds.

- Each child in school catches six to ten/6 to 10 colds every year.
- Though there is no cure, there are some suggestions for you to avoid getting a cold.
- When people cough and sneeze, the cold virus goes into the air.
- You'd better not share a drinking cup with someone else because that could spread the virus.
- By washing your hands, you can stop the virus from infecting you.



综合提升训练

Module 4

基础闯关

一、用方框中所给单词或短语的适当形式填空

ill have a fever such as take part in active weak all over

- Kate feels weak because she hasn't had anything to eat for two days.
- Betty is too shy to answer the questions in class. She should be active like Jenny.
- What's the matter with Mr Black? —He is in hospital because of the illness.
- Your temperature is high. You must have a fever.
- Mary's father likes sports, such as football, basketball and volleyball.
- Our school will hold a sports meeting this Friday. —Yes, and I decide to take part in the long jump.
- Lily was caught in the rain. She was wet all over.

二、用括号中所给单词的适当形式填空

- I can see Ms Yang talking (talk) with Linda now from here.
- Have you turned (turn) off the computer yet?
- I need to buy daily (day) necessities.
- Fast food can be very harmful (harm) to your health.
- The WHO has helped millions of people by training (train) doctors and nurses.

三、按要求完成句子

- I have walked to school for a month. (用 she 改写句子)
She has walked to school for a month.
- My uncle arrived in China ten months ago. (改为同义句)
My uncle has been in China for ten months.
- His pet dog has been dead for a week. (对画线部分提问)
How long has his pet dog been dead?
- The ice is too thin for us to skate on. (改为同义句)
The ice is so thin that we can't skate on it.

四、从方框中选择适当的选项补全对话 (有两个多余选项)

A customer comes into the Westside Pharmacy(药店). He's very sick. A is the clerk(营业员); B is the customer; C is Mr Brown.

- A: May I help you?
- B: 1 I have a pain in my side, an ache in my stomach, and a headache. I need a pill, an aspirin, or a painkiller(止痛药) ... something fast.
- A: 2 That's Mr Brown's job. He's the head pharmacist(药剂师).
- B: 3
- A: I'm sorry. Mr Brown is busy. He's on the phone.
- B: Then his helper.
- A: 4 Please wait.
- B: Oh, no.
- A: Oh, here's Mr Brown.
- C: Yes? May I help you?
- B: I have a pain in my side, an ache in my stomach, and a headache. Please give me a pill.
- C: That isn't my job. 5 I'm a pharmacist. Dr Saunders has an office next to us. His address is 215 Grand Avenue. Come back with a prescription(处方). We can help you then.

- A. I'm sorry, but that's not my job.
B. She's busy, too.
C. No, thanks.
D. I'm not a doctor.
E. Yes, please.
F. May I see Mr Brown, please?
G. Mr Brown is a doctor.

1. E 2. A 3. F 4. B 5. D

综合运用

五、阅读理解

A

Jack Green is 75 years old. He is not in good condition. "I think I'm ill," he tells his wife, "I feel awful. I've got a headache and I don't feel like eating."

“You’ve put on a lot of weight recently. You should see the doctor,” his wife says, “and ask him how to lose weight. It’s not good for your health.”

“OK.” says Jack. He goes to see a doctor.

The doctor checks his heart and weighs him. Then he says, “You are too heavy. You need to do some exercise to lose about 30 kilograms. Run two miles a day for the next 100 days. Then call and tell me your weight.”

A week later, the doctor receives a call from Jack. “Doctor, I ran two miles every day and I feel much better. But I have a new problem.”

“What’s that?” asks the doctor.

“I’m 14 miles away from home, and I can’t find my way back.”

(B) 1. Why does Jack feel awful?

A. Because he is in good condition.

B. Because he has a headache.

C. Because he feels like eating.

D. Because he works hard.

【解析】细节理解题。根据第一段中的“I’ve got a headache and I don’t feel like eating.”可知,杰克头疼并且不想吃东西。故选 B。

(A) 2. Who suggests that Jack should see a doctor?

A. His wife.

B. His son.

C. His daughter.

D. His mother.

【解析】细节理解题。根据第二段中的 his wife says 可知,杰克的妻子建议他去看医生。故选 A。

(C) 3. According to the doctor, how many kilograms should Jack lose?

A. Thirteen.

B. A hundred.

C. Thirty.

D. Fourteen.

【解析】细节理解题。根据第四段中的“You need to do some exercise to lose about 30 kilograms.”可知,杰克应该减重大约 30 千克。故选 C。

(B) 4. What’s Jack’s new problem?

A. He forgets how many miles to run.

B. He can’t find his way back home.

C. He runs for such a long time.

D. He loses a lot of weight.

【解析】细节理解题。根据最后一段中的“I’m 14 miles away from home, and I can’t find my way back.”可知,杰克找不到回家的路了。故选 B。

(D) 5. The passage is probably from a _____.

A. letter

B. poster

C. report

D. storybook

【解析】文章出处题。通读全文可知,本文讲述了一个关于杰克犯迷糊的故事,由此可推断这篇文章可能来自一本故事书。故选 D。

B

Overweight (超重) is one of the biggest health problems now. Being overweight affects more than how you look. Too much fat can kill you.

What’s worse, overweight children turn into overweight adults. If you’re obese now, you probably will grow into an obese adult. But here’s good news. You can fight overweight.

Change your eating habits

You are what you eat. Kids like snacks. Have you listed any healthy snacks? One study of eating habits shows that soft drinks are the first in the snack list. Next, kids choose salty snacks, like chips. What’s more, the list is full of junk food from No. 3 to No. 11. Finally, No. 12, kids pick a healthy snack—fruit. So, think about your snack choice again.

Get outside to exercise

Jim, a player on his school football team, had a weight problem not long time ago. He could never get anyone to play with him. So his father and he started playing football for a few minutes every night. Ten minutes turned into an hour or more. In just a few years, the heavy kid became athletic and healthy.

More TV means fat

Nearly every American kid watches TV for 2 hours and 56 minutes every day—that adds up to 44 days a year of sitting. More TV (or more Internet surfing, or more computer games) means more fat.

Eat an apple a day, walk around the house, play with your family... Do it today, and do it more tomorrow. It will help you a lot.

(C) 6. According to the passage, kids put _____ at the end of the snack list in one study of eating habits.

A. chips

B. ice cream

C. fruit

D. soft drinks

【解析】细节理解题。根据第三段中的“Finally, No. 12, kids pick a healthy snack—fruit.”可知选 C。

(B) 7. What does the underlined word “obese” mean in Chinese?

A. 苗条的

B. 虚胖的

C. 健康的

D. 强壮的

【解析】词义猜测题。根据第二段第一句“What’s worse, overweight children turn into overweight adults.”可推知,obese 的意思是“虚胖的”,故选 B。

(D) 8. Which of the following statements is NOT true?

A. When we watch too much TV, we will probably get too much fat.

B. A few years ago, Jim was fat.

C. Nearly every American kid watches TV every day.

D. Being overweight only affects how we look.

【解析】细节理解题。根据第一段可知,超重不仅影响长相,还影响健康。故选 D。



(A) 9. What can we do to fight overweight according to the passage?

- ①Try to get up early. ②Try to take more exercise.
③Try not to sit in front of TV or computer for too long. ④Try to eat more healthy food.

A. ②③④ B. ①②③ C. ①②③④ D. ①③④

【解析】细节理解题。根据文章中的小标题 Change your eating habits, Get outside to exercise 和 More TV means fat 可知选 A。

(C) 10. The passage mainly talks about _____.

- A. how to play football B. the healthy food C. how to fight overweight D. how to take exercise

【解析】主旨大意题。通读全文可知,本文主要讲述了与超重做斗争的方法。故选 C。

六、任务型阅读

根据短文内容,完成表格,每空一词。

When you feel worried or stressed out about something, it affects(影响) your body in many ways. Your heart beats faster. You feel sick. You may have sleeping problems, too. For example, you can't go to sleep or you still feel tired when you get up. You can't remember what the teacher says in class. You often argue(吵架) with your parents or your classmates.

If you are getting stressed out, maybe it's time to change your life and you can do something different. It's important for you to learn to relax. You can listen to some quiet, beautiful music. Reading a book is a good way to relax, too. You should stop doing something boring, and then try a new hobby or interest. You should also set some goals(目标), such as taking enough exercise, keeping up with schoolwork and making some new friends.

Feeling	Feel worried and stressed out.
Problems	★The heart beats 1. <u>faster</u> and you feel sick. ★You can't go to 2. <u>sleep</u> . ★Feel tired when you get up.
Ways to solve	★Change your life and learn to 3. <u>relax</u> , such as listening to music, reading books and so on. ★Stop doing the things that you're not enjoying. ★Take up a new activity or try a new hobby or 4. <u>interest</u> . ★Set some 5. <u>goals</u> .

七、短文填空

根据短文内容和所给中文提示,在空白处写出单词的正确形式。每空限填一词。

Almost every day, we discuss the topic of health. But what is health? "Health" means eating well, getting 1. enough (足够的) exercise and having a healthy lifestyle. Here are some 2. useful (有用的) rules.

★Eat different kinds of food, especially fruit and vegetables. We all know that eating fruit and vegetables keeps us healthy, but many of us only eat our favourite food. Remember that we can only get what our body 3. needs (需要) by eating all sorts of food.

★Drink water and milk most often. Everyone knows that water is important. 4. Besides (除了) water, kids also need plenty of calcium (钙) to grow strong bones, which is rich in milk. Every day, you should drink at 5. least (最少的) three cups of milk, when you are 9 years old or older. You'd better try to have drinks 6. with (带有) little sugar.

★Pay 7. attention (注意力) to your body. When you are eating, notice how your body feels. When your stomach is full, 8. stop (停止) eating. Eating too much makes you become fat and 9. unhealthy (不健康的).

★Limit the amount of time you spend watching TV and 10. playing (玩) computer games. Try to spend more time doing sports, like running, swimming and so on.

八、语法填空

阅读下面短文,在空白处填入一个适当的词,或填入括号中所给单词的正确形式。

We all need exercise. Exercise uses up food that we eat and keeps the body full 1. of energy. Exercise makes your heart and muscles(肌肉) strong. Exercise 2. also makes you feel relaxed. If you exercise several times a week, you will stay happy and 3. healthy (health). There are many 4. ways (way) to exercise. You can walk, run, play sports or swim.

However, most people cannot do this. It is too far from their homes to their offices. They have no choice 5. but to drive to work. First, these people don't have a chance to exercise because they are sitting in their cars for two to four hours each day. Second, driving is challenging, 6. especially (especial) in rush hours, and needs too much attention. It makes a person tired out. When these people arrive home after work, they don't want to take exercise.

Some western countries, such as the United States, have problems with 7. exercise (exercise). Many people don't have enough exercise. They have to work from morning till night, so they don't have time 8. to take (take) exercise.

Today, many people in the West are fat, which causes health problems. Doctors say exercise can help people both lose 9. weight (weigh) and improve their health. So many people are trying to get more exercise. But it takes time to change, and when people don't see a 10. difference (different) right away, they will lose heart and stop exercising.

